



# Senior Farmers Market Nutrition Program



Administered by the RI DEM Division of Agriculture In partnership with RI Office of Healthy Aging

# Senior Farmers Market Vouchers Eligibility 2020

- ARE YOU 60 YEARS OF AGE OR OLDER?
- DO YOU EARN LESS THAN THE INCOME STATED?
- ARE YOU A RHODE ISLAND RESIDENT?
- HAVE YOU ALREADY RECEIVED COUPONS THIS YEAR?

Number family members	Annual Income
1	\$ 23,606
2	\$ 31,894
3	\$ 40,182
4	\$ 48,470
5	\$ 56,758
6	\$ 65,046
7	\$ 73,334
8	\$ 81,622
Each additional member add:	\$ 8,288

# Approved RI Vegetables & Fruit

**Asparagus** 

Lettuce

**Apples** 

**Beans** 

Mushrooms

**Beets** 

Okra

Broccoli

Onions

**Brussels Sprouts** 

**Parsnips** 

Cabbage

Peas

Carrots

**Peppers** 

Cauliflower

Potatoes

Celery

**Pumpkins** 

**Collard Greens** 

**Radishes** 

Corn

Rhubarb

Cucumbers

Rutabaga

**Endive** 

**Scallions Fresh Herbs** 

**Turnips** 

Kale

Leeks

Lettuce

Mushrooms

Okra

Onions

**Parsnips** 

Peas

**Peppers** 

**Potatoes** 

**Pumpkins** 

**Radishes** 

Yams

Zucchini

**Pears** 

**Eggplant** 

Spinach

Plums

Garlic

Squash

**Green Beans** 

**Swiss Chard** 

Greens

**Tomatoes** 

Yams

Rhubarb

Rutabaga Scallions

Spinach

Squash

**Swiss Chard** 

**Tomatoes** 

**Turnips** 

**Apples** 

**Blueberries** 

**Blackberries** 

Cantaloupes

Cherries

Crenshaw Melon

**Elderberries** 

Gooseberries

Grapes

Honeydew Melon

Mulberries

Peaches

**Pears** 

**Plums** 

Raspberries

Strawberries

Watermelon

**HONEY** 

## Not Allowed RI Food Items

#### Citrus & Tropical Fruits Not Allowed

Banana

Grapefruit

Lemons

Limes

Mangos

**Oranges** 

**Pineapples** 

**Tangerines** 

#### **Other Foods Not Allowed**

Baked goods

Cheese

Cider

**Dried herbs** 

Eggs

**Flowers** 

Gourds

**Jams** 

Nuts

Painted pumpkins

892808 - 892810

#### Farm Market Fresh for Seniors

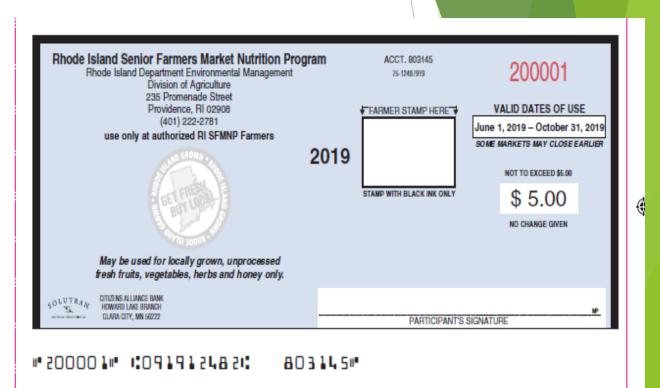
Provided by a grant from USDA Food and Nutrition Service and administered

by:

- Rhode Island DEM/Division of Agriculture
- Rhode Island Department of Elderly Affairs
- Rhode Island Department of Health

## Senior Farmers Market Voucher

- These checks are non negotiable and may not be used for any other purpose than to purchase eligible food under this program.
- No change will be given. Must be used in increments of \$5.
- Can only be redeemed during "Valid Dates of Use" indicated on voucher.
- Must sign above "Participant's Signature".



# Thank you!

Any questions about redeeming these coupons, please contact:

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